



## Give kids the confidence and skills they need to grow into happy, healthy adults.

Too Good puts social and emotional learning to work through fun and interactive lessons, building the self-confidence young people need to make healthy choices and achieve success. *Too Good for Drugs* and *Too Good for Violence* promote positive, pro-social attitudes and behavior, while fostering healthy relationships, resistance to substance abuse and conflict, and resistance to negative peer pressure and influence.

*Too Good cultivates positive outcomes through the development of:*

- Goal setting skills
- Decision making skills
- Conflict resolution skills
- Effective communication skills
- Social and emotional competency

Too Good offers all of the resources necessary to implement an effective social and emotional learning program in an interactive and engaging way, including:

- Instructor-Friendly Lessons
- Assessment and Evaluation Tools
- Sequential and Interactive Lessons
- Strategies for Building Family and School Connectedness
- Home Workouts
- Technical Support and Implementation Consultation



### Too Good in Elementary School

*Too Good for Drugs K-5* and *Too Good for Violence K-5* teach the fundamental elements of social and emotional learning through developmentally appropriate activities that set the foundation for a healthy adolescence. Lessons build the skills kids need to set daily goals, identify emotions and feelings, and make healthy choices that contribute to their overall health and well-being.

### Too Good in Middle School

*Too Good for Drugs 6-8* and *Too Good for Violence 6-8* empower teens to meet the challenges of middle school life by addressing more complex emotions and situations. Lessons build on the skills introduced in earlier grades to foster confidence and self-efficacy and resistance to substance abuse through goal setting and achievement, responsible decision making, positive conflict resolution, and healthy relationships.

### Too Good in High School

*Too Good for Drugs & Violence High School* builds on the prevention concepts of Too Good K-8, with real world challenges teens face in high school and beyond. The program explores practical guidance for understanding dating and relationships, violence and conflict, underage drinking, substance abuse, and healthy friendships. Lessons further enhance skills for responsible decision-making, effective communication, media literacy, and conflict resolution.

*Too Good for Drugs* and *Too Good for Violence* are evidence-based, skill building programs designed to migrate risk factors and build the basis for a safe, supportive, and respectful learning environment

To learn more about the Mendez Foundation and our prevention education programs, visit us on the web at [mendezfoundation.org](http://mendezfoundation.org).